



The Itch Clinic®

Allergy, Dermatology, and Otology

Dr. Keith A Hnilica DVM, MS, DACVD, MBA

	<u>Problem/Diagnosis</u>	<u>Treatments</u>	<u>Treatment PLAN</u>
	<p>Where/Location? Itch Level 1 --- 5 --- 10_{mm}</p>	<p>Appetite / Activity Level V / D / C / S</p>	<p><i>please continue these treatments to prevent relapses</i></p>
	<p><u>Ears & Otitis</u> allergy-ears Stage I wax-Yeast/Staph Stage II pus-ulcers/Rods Stage III</p>	<p>EpiOtic flush Warmed LETK ointment EasOtic pump Genesis Spray TrizEDTA B+D flush</p>	
	<p><u>Rash & Crusts</u> folliculitis bacterial infection</p>	<p>Clindamycin Cefpodoxime Cephalexin Chloramphenicol/Rifampin Mupiricin Ointment Genesis or Miconahex MRSA Spray DMSO B/D Liquid</p>	
	<p><u>Yeast</u></p>	<p>Ketoconazole Terbinafine oral / topical Fluconazole Itraconazole</p>	
	<p><u>PodoDerm & Feet</u> <u>Face Folds</u> Red itchy allergy bullae - blisters in-grown hairs</p>	<p>Baby-wipes wetTowel-wipes Genesis Spray - Soaks Mupiricin / LETK Ointment DMSO B/D liquid Tape/Brush ingrown hair stripping</p>	
	<p><u>PREVENTION</u></p> <p><u>Allergy + Infection</u></p> <p><u>Itch Control</u></p> <p><u>INFLAMMATION</u> Histamine Prostaglandin Leukotriene Protease, Lipase Substance P, Tumor NF Interferon gamma Interleukins IL-2, IL-31</p> <p><u>INFLAMMATION</u> RED ERYTHEMA PAIN ITCH SWELLING FEVER</p>	<p><u>Frequent Baths</u> Medicated Shampoo or Scrub Zinc Head & Shoulders Soaking wet towel Wipes Baby Shampoo Waterless Cleanser Zinc-Oatmeal Conditioner</p> <p><u>Topical Meds</u> Genesis Spray/Soak Zinc-Oatmeal Lotion Mupiricin / LETK Ointment MiconHex MRSA Spray</p> <p><u>Antihistamines</u> Zyrtec Allegra Claritin Benadryl</p> <p><u>Sleep Promoter</u> Benadryl Dextrometh Ace-tabs CBD Oil A+B 1mg/lb/day</p> <p><u>Rescue Treatment</u> Weekend Dex tabs / 3-5 days of Dex tabs</p>	



The Itch Clinic®

Allergy, Dermatology, and Otology

Dr. Keith A Hnilica DVM, MS, DACVD, MBA

	<u>Problem/Diagnosis</u>	<u>Treatments</u>	<u>Treatment PLAN</u>
I N F L A M M A T I O N	<u>Environmental Allergies</u> Pollen/Grass/Indoor Allergy foot licking	CYTOPOINT 4X per Year Allergy skin testing + Vax Shots Cyclosporine + ketoconazole daily	
	<u>Insect Allergy</u> <u>WildLife-mites</u> mosquitoes/chiggers fleas lumbar/back/legs hotspots	Simparica is best Simparica Trio Trio + Booster Simparica Bravecto every 30 days Revolution Plus feline Knockout IGR house spray Daily Repellant "cat" Spray	
:) :)	<u>Food Allergy</u> No beef/dairy/chicken/egg/turkey ears & rears/scooting	Over-the-counter Home-cooked Vegetarian / Vegan	
	<u>Hormone Imbalance</u> Geriatric - Cushing's Hypothyroidism Hair-Grower	Internal Medicine Consult DocItchy Rejuvenating Hair-Grower Thyroid supplement Melatonin	
	<u>Immune Control</u> Lupus/Pemphigus	Omega 3 Fatty Acid Niacinamide DocItchy Hair Skin Nails Doxycycline / Cyclosporine Topical Steroids / Tacrolimus Steroids / Apoquel	
	<u>Sebaceous Adenitis</u> Doodle Dandruff Seborrhea flakey	Vitamin A - DocItchy Hair Skin & Nails Omega 3 Fatty Acid Topical Oil Replacement	
	Old Dog Warts Nodules Lumps	Vitamin A = DocItchy Hair Skin & Nails Removal w/ local blocks sedation	
	Skin Fold Dermatitis Face Peri-Vulvar Tail	Baby-Wipes Genesis Spray wipes Desitin Ointment LETK Balm Mupiricin Ointment	
	Vit A+Niacinamide+EPA Melatonin Zinc + PEA Probiotic Omega 3 EPA	Doc Itchy® Hair Skin & Nails Doc Itchy® Rejuvenating Hair Grower Doc Itchy® Itch Defense Zinc + PEA Doc Itchy® Itch Recovery Probiotic Omega 3 EPA 500mg/20lbs	

The Itch Clinic®

(800) 621-1370 call/text

TheItchClinic.com