



Allergy, Dermatology, and Otolaryngology

ALLERGY TREATMENT LEVELS

Level 1

Allergen Avoidance to Reduce all and any IgE allergy antibody

Frequent baths every 3-7 days disinfecting shampoo+Oatmeal Conditioner

New generation Parasite prevention every 30 days

Itch Control

Generic Antihistamines every 12 hours (Benadryl at bedtime)

Topical Genesis or Leave-on-Lotion applied every 12-24 hours

Omega 3 Fatty Acids and CBD oil every day

Level 2

Cytopoint every 1-3-6 months to control allergy and prevent infections

Food Allergy - Avoid ALL/ANY Beef, Dairy, Cheese, Chicken, Egg, and Turkey

More Aggressive/Strict **YEAST and BACTERIA** control and prevention

More Aggressive/Strict **MITES/INSECT** prevention - high-dose+repellent

Level 3

Allergy Skin Testing and Allergy Desensitizing **Vaccine** Therapy

Low-dose Dex steroid on WEEKENDS every Sat + Sunday

More Aggressive/Strict **DIET** restriction - HOME-COOKED diet

Cyclosporine/Atopica/Cyclavance daily treatment

Consider **HYPOTHYROIDISM** and/or **CUSHING's** syndrome

Level 4 (rescue/salvage treatment)

Steroids - Mon + Wed + Fri >> Daily

Apoquel - Mon + Wed + Fri >> Daily