

ALLERGY TREATMENT LEVELS

Level 1

Allergen Avoidance *to Reduce all and any IgE allergy antibody*

Frequent baths every 3-7days disinfecting shampoo+ ZINC Oatmeal Conditioner

New generation Parasite prevention every 30 days - Lumbar/Back HotSpots

Itch Control

Generic Antihistamines every 12 hours (Benadryl at bedtime)

Topical Genesis or Leave-on-Lotion applied every 12-24 hours

Omega 3 Fatty Acids and CBD oil every day

Level 2

More Aggressive/Strict YEAST and BACTERIA control and prevention

More Aggressive/Strict MITES/INSECT prevention - high-dose+repellent

Foot Licking = Environmental/Pollen/Grass/Indoor/Mold Allergy

Cytopoint every 1-3-6 months to control allergy and prevent infections

Ears and Rears = Food Allergy

Avoid ALL/ANY Beef, Dairy, Cheese, Chicken, Egg, and Turkey

Level 3

Allergy Skin Testing and Allergy Desensitizing **Vaccine** Therapy

More Aggressive/Strict **DIET** restriction - HOME-COOKED diet

Cyclosporine/Atopica/Cyclavance daily treatment

Consider **HYPOTHYROIDISM** and/or Geriatric **CUSHING's** syndrome

Level 4 *(rescue/salvage treatment)*

Steroids - only on Sat + Sun or if super severe Mon + Wed + Fri

Apoquel - Mon + Wed + Fri or if super severe daily (read label 10% cancer risk)



TREATING ATOPY (ENVIRONMENTAL ALLERGIES) CAN BE VERY SUCCESSFUL BUT DOES INVOLVE WORK AND LONG-TERM PREVENTION TREATMENT

1. ALLERGY PREVENTION THERAPY

REMOVE/TREAT STAPH AND YEAST INFECTIONS ON THE SKIN AND EARS

REMOVE POLLEN WITH FREQUENT BATHS/WIPES AND GENESIS SPRAY

RESTORE SKIN BARRIER WITH ZINC OATMEAL CONDITIONER/LOTION

PREVENT INSECTS/WILDLIFE MITES/MOSQUITOES WITH MONTHLY SIMPARICA

BLOCK HISTAMINE WITH DAILY GENERIC ANTIHISTAMINES EVERY 12 HOURS

PROMOTE SKIN and GLAND HEALTH DOC ITCHY® VEGAN MEDICAL SUPPLEMENTS

FOOD ALLERGY (butt) RESTRICTED DIET TO **AVOID ALL** BEEF, DAIRY, CHEESE, CHICKEN, NO EGG, TURKEY, VENISON, BISON, BUFFALO. **(list available)**

GERIATRIC CUSHING'S OR HYPOTHYROIDISM - LEVELS SHOULD BE CHECK = LAB-WORK
MELATONIN EVERY EVENING

TREATMENT FOR POLLEN/GRASS ALLERGIES (foot licking/armpits/face/ears)

2. CYTOPOINT - MONOCLONAL ANTIBODY THERAPY INJECTION

90% EFFECTIVE IN 48 HOURS

REPEATED EVERY 2-3-6 MONTH **(best if 4 times each year)**

Injection stings but otherwise NO SIDE EFFECTS

3. ALLERGY SKIN TESTING AND VACCINE

85% EFFECTIVE IN 4-6 WEEKS

70% CURE AFTER 2 YEARS - 1% SIDE EFFECTS
\$375 ALLERGY TEST + VACCINE \$360 PER 6 MONTHS

4. Atopica/Cyclavance/Cyclosporine - 80% EFFECTIVE IN 6 WEEKS NO ADVERSE EFFECTS EXCEPT RARE GI UPSET 5%

EMERGENCY-RESCUE TREATMENT OPTIONS

4. STERIODS - MOST SIDE EFFECTS ON THE LIVER AND OTHER ORGANS MRSA STAPH RISK AND URINARY INFECTIONS

5. APOQUEL - 80% EFFECTIVE IN 3 DAYS but NO CURE **10% RISK** OF TUMORS, PNEUMONIA, DEMODEX MITES

PLEASE READ THE COMPLETE LABEL

SAFE

MOST SIDE EFFECTS