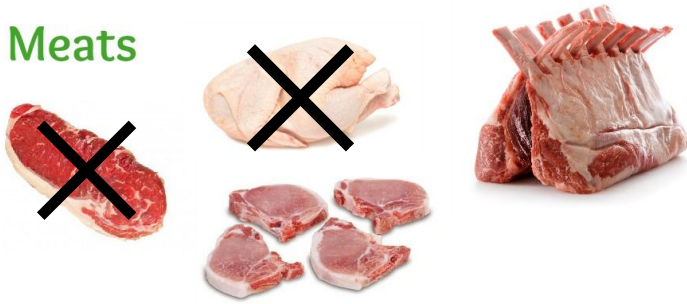


Eat on The Paleo Diet Plan

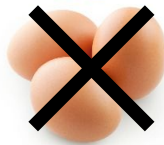
Meats



Fish & Seafood



Eggs



Fruits



Tubers



Vegetables



Healthy Fats & Oils



Nuts & Seeds



Grains, Legumes & GMO foods



Sugar & High Fructose Corn Syrup



Dairy & Trans Fats



Vegetable Oils

